



The teaching of Physical Skills at White Ash Primary School is practical, fun and engaging. It supports the children and is delivered throughout the school day in many different areas.

At White Ash school we believe it is important to promote positive attitude towards Physical Education and sport. We also feel it to be an essential part of all pupils' emotional, creative and physical development regardless of their ability, gender, race or culture. Physical Education and sport should excite, motivate and stimulate by through the delivery of high-quality sporting activities and opportunities for the pupils.

Physical Education develops pupils' physical competence and confidence and their ability to use these to perform in a range of activities. It promotes skillfulness, physical development and knowledge of the body in action. Physical Education provides opportunities for pupils to be creative, competitive, cooperative and face up to different challenges as individuals and in groups and teams. It promotes positive attitudes toward healthy and active lifestyles.

See the attached sheet to find out what PE looks like for the different learners at White Ash School.

Informal Learners

- Objects of reference
- Sensory songs
- Body tapping/ signing
- Music, songs and rhymes
- Eye Gaze
- Switches/Big Macs
- Taught under all strands of the sensory curriculum
- Focus on engagement - Exploration, Anticipation, Realisation, Initiation and Persistence
- Exploration of tactile and sensory items
- Making choices out of physical items
- Eye contact
- Responses: touch, vocalisations, eye contact
- Tracking objects
- Sport Partnership/GLD sporting events to attend
- Focus on progression of skills
- Interventions including: MATP, MOVE, Hydro, Physio & Rebound. (where applicable)
- 3x ILP targets for Physical & Mobility

Pre- Semi formal Learners

- Visual timetables
- Objects of reference
- Songs and videos
- Physical items
- Practical activities
- Practical brain breaks and starter activities
- Widgit symbols for key vocabulary e.g. actions, resources etc..
- Visual aids
- Lots of repetition for target work
- Cross curricular links with all subjects in the curriculum
- Focus on engagement - Exploration, Anticipation, Realisation, Initiation and Persistence
- Sport Partnership/GLD sporting events to attend
- Interventions including: daily walks, MATP, MOVE, Hydro, Physio, swimming, sensory processing, intensive interaction & Rebound (where applicable)
- 1 ILP target for Physical skills

Semi formal Learners

- Visual timetables
- Songs and videos
- Physical items
- Practical activities
- Practical brain breaks and starter activities
- Widgit symbols for key vocabulary e.g. actions, resources etc..
- Visual aids
- Lots of repetition for target work
- Cross curricular links with all subjects in the curriculum
- Interventions including: daily walks, MATP, MOVE, Hydro, Physio, swimming, sensory processing, intensive interaction & Rebound (where applicable)
- 1 ILP target for Physical skills

What PD looks like at White Ash School

Formal Learners

- Visual Timetable
- Physical items
- Practical activities
- Practical brain breaks and starter activities
- Widgit symbols for key vocabulary e.g. actions, resources etc...
- Visual aids
- Lots of repetition to embed skills and give a deeper understanding
- Introduction of strategy games and competitive activities.
- Sport Partnership/GLD sporting events to attend
- Interventions including: daily walks, MATP, MOVE, Hydro, Physio, sensory processing, swimming, intensive interaction & Rebound (where applicable)
- 1 ILP target for Physical skills, 1 ILP target for swimming